

Jubilee Park Medical Partnership Patient Newsletter Winter 2022



Important Information Face Masks

We appreciate that the general rules for the wearing of face masks is changing however all staff, patients and visitors are still required to wear face masks or a suitable face covering when attending the practice. This is to ensure the safety and well-being of you, other vulnerable patients and our staff. Don't worry if you have forgotten your face mask just ask at reception and we will provide one.



Covid-19 Information

If you feel you have symptoms or are worried about someone you live with you can contact 111 online for advice:
<https://111.nhs.uk/covid-19/>

Testing is now open to the public with Covid-19 symptoms by visiting www.nhs.uk/coronavirus or calling 119 to book a test.

For further information on coronavirus please visit:
<https://www.gov.uk/coronavirus>

A big thank you...
To everyone who kindly plied us with biscuits and chocolates at Christmas, it was very much appreciated.

Latest News

Staffing Updates...

At the end of last year we said goodbye to Nurse Judith and Dr Louca who have both retired. You will still see Dr Louca around the practice as he is doing some locum work over the next few months for us.

We welcomed Dr Miyah Frank- Beaumont who started working at the practice in Septmeber last year. Also starting with us last year was Advanced Nurse Practitioner Suzanne Pitchford.

On March 1st we will be gaining a new Practice Nurse, Emma who will be with us 4 days a week.

You may have seen a few new faces in reception recently. Mollie, Leanne, Dawn and Lyn joined the Care Coordintor team late last year.

At present there is a high volume and demand that we are seeing and dealing with on a daily basis. We have new staff training and hope that you will bear with us, we are doing our best to answer the phones as quickly as we can.

You can help us by ringing later in the day if your query is not urgent. Prescriptions have a 3 working day turn around so please order in a timely way. If you are checking to see if a prescription is ready then please contact your nominated pharmacy rather than the surgery.

Visit our new Website for further practice information:

www.jubileeparkmedicalpartnership.co.uk

Or follow us on Facebook

@parkhousemedicalcentre
@thejubileeppractice



Patient Participation group

Our PPG group are still accepting new members. Details can be found on our practice Website...

[PatientReferenceGroupSignup.pdf](#)



Self-Care

A well-stocked simple first aid / medicine cabinet can really help throughout the year.

- Plasters / dressings
- Antibiotic ointment
- Thermometer
- Anti-diarrhoea medication
- Laxative
- Rehydration sachets
- Antacids
- Antihistamine,
- Pain relievers
- Cough and cold medications
- Antiseptic solution



<https://www.nhs.uk/using-the-nhs/nhs-services/the-nhs-app/>
How about you download the NHS App today!

Are you feeling Low? Stressed? Is the current pandemic making you anxious?

These local talking therapy services are open and available:

Trent PTS

<https://www.trentpts.co.uk/self-referral/>

Insight Healthcare

0300 555 5582

Every Mind Matters

<https://www.nhs.uk/oneyou/every-mind-matters/>

Keep us Updated.

It is important that we are able to contact you.

Please let reception know if you have changed either you address or your telephone number so that we can keep our records updated.

Text reminders for appointments

Did you know that if we hold you mobile telephone number we can send you text reminders about your appointments? Please ensure we have your up to date information.



Important Dates....

The practice will be closed from 12:30pm on Thursday 17th February for Training. We will re-open at 8am on Friday 18th February.

